# The Good News

Roanoke SDA Church

4120 Challenger Avenue, NE, Roanoke, VA 240125 540-977-0346 www.AdventistCentral.org

### **January 2024**



Thousands of seniors in our community live at or below the poverty line. Let's help provide these seniors with food and remind them that we have not forgotten them on snowy icy days when Meals on Wheels can't deliver.

Low-salt, nutritious items are needed. Items such as soup, peanut butter, canned fruits, canned vegetables, crackers, oatmeal, Boost and Ensure are also welcomed.

We have the entire month of January to help with this food collection! Let's encourage one another to help with this project sponsored by the Local Office on Aging and our church's Outreach Ministry!

### **BAPTISM!** Sabbath, January 20!

A baptism is scheduled for Sabbath, January 20, during the worship service!

In the SDA Church, baptism involves a believer being fully immersed in water then quickly raised symbolizing the believer being raised to a new life in Christ.

If you, too, have been thinking about being baptized, don't delay! See one of our elders as soon as you can and we will celebrate your decision with you!

#### **Ministry Mission 2024**

All 2023 and 2024 Ministry Leaders as well as all ministry-minded individuals are urged to attend a meeting on Sunday afternoon, January 7, starting at 2:30 at the church.

This meeting is an important opportunity for outgoing ministry leaders to share vital information with incoming ministry leaders. It will be essential to a smooth transition from one team to the next.



The Roanoke Challengers Pathfinder Club

Members of the Roanoke Challengers Pathfinder Club will lead our worship service on Sabbath, January 20. That Sabbath is designated as Pathfinder Day!

Our Pathfinders are being taught leadership skills and are encouraged to be involved in the life of their church.

We welcome them as part of our family.

#### **Pastoral Search**

Please keep praying as the search continues for the pastor the Lord has selected to minister to our church family and those searching for a relationship with Jesus. Proverbs 3:5 and Isaiah 41:10 (and many other verses) remind us to trust in Him!



#### **Starting January 23!**

Did you know there are things you can do to prevent, reverse and even halt Type 2 diabetes, heart disease, high cholesterol, hypertension and obesity? If you have concerns about any of these health conditions for yourself or for someone you love, then ROSC: REVIVE YOUR LIFE might be the program for you!

Our Health Ministry team, led by Ryan and Liz McLennan, will conduct a six week long series starting Tuesday, January 24, to help you gain better health. Each Tuesday evening you will hear interesting medical presentations by Ryan, and you will experience instructional cooking demos and savor a delicious meal. There will be written materials to take home and copies of recipes for you to try. Assistance will be available if you choose to monitor your weight, BMI, blood pressure and heart rate at the beginning and end of the six week series.

This program will cost each individual participant \$79 and couples will pay \$139. Reduced costs are offered for individuals and couples returning for a second series. Some scholarships are also available for first time attendees!

See Ryan or Liz or call 540-580-1589 to reserve a seat for yourself and another for your spouse or friend! But act soon as seating is limited!



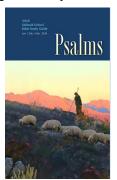
Saturday night, January 27, starting at 6:00 at the church will be a lot of fun for all ages! We will set up some tables, have some snacks and play some games!

Uno, Scrabble, Chess, Rook, Apples to Apples, Monopoly! What's your game?

Let's have some good family fun!

#### Adult Sabbath School

1st Quarter Jan-Mar 2024



The first quarter of 2024 we will study the Book of Psalms. This is a favorite book of all God's people. We can all find a poem or song in the Book of Psalms to fit our needs. When we find the poem we need, we feel that the poem was written just for us!

As we study together this quarter, we hope to grow strong during our journey. Let's plan to meet with God daily, heart to heart, in the Book of Psalms, and on Sabbath morning with one another in Sabbath School.

Adult Sabbath School meets every Sabbath morning starting at 9:30 in the Fellowship Room. You are invited to join us!



If your name, address, phone number, email address or any other information has changed, please help us update our Church Directory!

Call or text Carol Doudiken to make all necessary changes (540-580-1589). Also, watch for the table on Sabbath morning set up for you to make any necessary changes! Thanks for your help!

#### North Roanoke Assisted Living Outreach

On the second Sabbath of each month after lunch following the worship service, a group of us go visit the residents at the North Roanoke Assisted Living, 6910 Williamson Road, Roanoke.

This Outreach program, sponsored by the Adult Sabbath School, has been consistently ministering to the residents of the Assisted Living (except during COVID when our visits were restricted), since July 2013!

Our "regulars" were joined by the Adventurers and some other families on Sabbath, December 9, and oh what fun we had! We had so many residents to sing with and pray with! The residents sang to us, too! It was wonderful!

After the program inside the facility, the Adventurers, accompanied by the adults, went outside to give each of the 120 residents a Christmas gift so lovingly prepared by John and Judy Hodgkin! The residents were very excited but waited patiently for their turn to receive a gift from the children!

We know the residents saw Jesus that Sabbath in the smiles of the children, in the voices of the singers and in the hugs and gifts that we given!

Please join us on Sabbath, January 13, when we will go visit again! You won't be disappointed!













#### **Prison Fellowship Angel Tree**

On Sunday, December 10, we had a great time sharing and spending time with some children whose parents are currently incarcerated. Children's Ministry coordinated the event. Children's Ministry presented a VBS program with some songs, a skit, prayer and games. Rob Little and Reggie Long played a couple of games with the children, then families then enjoyed a meal prepared and served by Women's Ministry. During the meal there was time to sit and visit a bit with the children and their caregivers. Some exchanged names and contact info. After the meal, the children were given large sacks of wrapped Christmas gifts that were purchased and wrapped according to a list provided by the incarcerated parent.

The evening was great hit! We hope to continue a relationship with Prison Fellowship and hope to see some of the families and children in some of our upcoming programs. Please pray for each of the families. Below are a few pictures of the event. Jennifer has lots more pictures, so see her if you would like to see more!



















## Church Board Meeting

#### **Notes from the Meeting**

The 2023 Church Board met on December 11, 2023, for its last meeting of 2023 to address ministries and business matters of the church. Below are some of the items that were discussed. If you have any questions regarding the discussions, please see Gregory Gooden, acting chairperson of the Church Board.:

- > Children's' Ministry reported the Prison Fellowship Angel Tree event was successful and many were blessed.
- > Deaconess/Women's Ministry reported that all angels on the Woodhaven Angel Tree have been selected and gifts are coming in.
- > Elders reported no new with regard to the Pastoral Search Committee.
- > Office vacancies for 2024 will be addressed by the board. An invitation was extended for Finance Committee Chairperson, but no answer has been received.
- > Pathfinder fundraiser Movie Night, January 20.
- > Pathfinder coat drive was successful.
- < School students and Pathfinders enjoyed participating in the Vinton Christmas Parade.
- > School's Christmas program will be during worship on December 16.
- > ROSČ: Revive Your Life to start January 23.
- > S&R is new cleaning service starting in January 2024
- > \$3,000 was transferred in the budget from General Operating to Sabbath School Materials.
- > Retention ponds have been worked on but more work is required.

The first meeting of the 2024 church board meeting will take place on Monday, January 8, at 6:15.

Meeting agendas are prepared the week before the meeting and sent to all board members several days before the board meeting date. All board members are encouraged to attend monthly board meetings.

### The February 2024 issue of THE GOOD NEWS

will be distributed beginning January 27, 2024

Please send info and pictures to RoanokeSDAChurch@gmail.com Next Deadline: January 20, 2024

#### **Soup for Seniors**

Let's help keep food in the pantries of seniors in our community!



During January we will collect soup and crackers to be distributed to needy seniors as part of the *Soup* for *Seniors* program sponsored by the Local Office on Aging (LOA) serving the Roanoke area.

Many seniors in our community run the risk of going hungry when the weather turns bad. Often they don't have the ability to stock their cabinets with basic staples to get them through significant bad weather.

Let's join our Outreach Team and the LOA by bringing soup and crackers to church during January so we can help our neighbors!

#### Snow, Ice, Etc.

If church services are cancelled or the building is closed on any Sabbath morning due to inclement or dangerous weather or any other reason, announcements will be made by robocall, email and on Facebook . Please make sure Carol has your contact info and stay tuned . . .

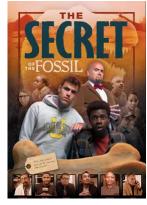
#### The Christmas Parade

The students of the Roanoke Adventist Christian School and the Connect program participated in the Vinton Christmas Parade on Thursday, November 30. The parade was attended by thousands of area residents - all having a chance to hear about our school!

The Roanoke Challengers also marched in the parade! It was fun for everyone!



#### Movie Night Pathfinder Fundraiser



On Saturday evening, January 20, at 7:00, everyone is invited to come to the church to watch this movie. Tickets are required so see a Pathfinder to buy yours!

Snacks will be for sale so come hungry! Let's help our Pathfinders raise funds for their trip to Gillette, WY, in August 2024!





